# Choosing between REST and SOAP for API Development

Souvik Sarkar

June 20, 2021

# 1 Overview

When designing a web service, you must carefully evaluate the choice between SOAP and REST. This guide explains their strengths, limitations, and use cases to help you make an informed decision.

## 1.1 SOAP Overview

SOAP (Simple Object Access Protocol) is a protocol for exchanging XML-based messages over a network. It uses Web Services Description Language (WSDL) to define:

- Resources, operations, and procedure calls
- Message structure, encoding, and encapsulation
- Bindings with network transport protocols

SOAP APIs are often auto-generated using tools that create server-side and client-side code templates, but the resulting implementations can be challenging to develop and maintain.

#### When to Choose SOAP

SOAP is suitable for:

- Enterprise-level security: Supports WS-Security for encryption, authentication, and message integrity.
- Complex transactions: Ensures reliability in distributed environments through features like ACID-compliant transactions.
- Strict contracts: Enforces formal service definitions using WSDL, ensuring consistency and reliability.

- Stateful interactions: Useful for cases requiring session management or multi-step workflows.
- Legacy systems: Facilitates integration with older enterprise systems.

#### **SOAP** Limitations

- **Tight coupling**: Changes to the server often require updates to the client, reducing flexibility.
- XML-only payloads: Mandatory use of XML increases message size and complexity.
- **High overhead**: SOAP messages are verbose, requiring more bandwidth and processing power.
- Slower development: Complex implementation results in longer development cycles.

# 1.2 REST Overview

REST (Representational State Transfer) is an architectural style that leverages standard HTTP methods for stateless web service interactions. REST APIs:

- Use URLs to represent resources.
- Support multiple data formats, including JSON, XML, and HTML.
- Implement HTTP methods such as GET, POST, PUT, DELETE, and PATCH.
- Can mark responses as cacheable, reducing client-server interactions.

Tools and frameworks can generate REST APIs and documentation from application code, enabling rapid development.

#### When to Choose REST

REST is ideal for:

- Public APIs: Designed for widespread adoption and third-party integrations.
- Rapid development: Simple and flexible, with fewer constraints than SOAP.
- Data format flexibility: Supports lightweight formats like JSON, ideal for modern web and mobile applications.
- Scalability and caching: Statelessness and response caching improve performance and scalability.
- **Broad adoption**: REST is widely supported by tools, frameworks, and a large developer community.

#### **REST Limitations**

- Security challenges: Requires additional measures (e.g., HTTPS, token-based authentication) to ensure security.
- Limited operations: Restricts interactions to standard HTTP methods, which may not cover all use cases.
- Scalability complexities: Point-to-point communication can complicate scaling with multiple clients.
- Versioning difficulties: Major schema changes can break clients if not managed properly.

#### 1.3 Decision Guide

- Use **SOAP** for secure, reliable, and stateful operations, especially in enterprise environments or when working with legacy systems.
- Use **REST** for simple, scalable, and fast APIs that support modern web or mobile applications and prioritize flexibility.

#### Tip

Choose REST for most modern web services unless your requirements specifically align with SOAP's strengths, such as strict contracts or enterprise-grade security.

## 1.4 Other Considerations

- Assess your team's expertise with SOAP or REST.
- Plan for future maintenance, including versioning strategies for the APIs.